



WAYNE COUNTY CHILDREN SERVICES BOARD
Wellness Screening Checklist



We are conducting active screening for potential risks of COVID-19 and other communicable diseases and/or issues with everyone visiting WCCSB to ensure safety and well-being for everyone. Thank you for your understanding and cooperation. Your health and safety are a priority for WCCSB.

Name: _____ Date: _____

To start the screening process, please wash your hands or use hand sanitizer.

1. Temperature monitoring is a recommended prevention measure for COVID-19. If your current temperature is 100.4 or higher you are running a fever and we are unable to allow you to be present at WCCSB today.

Checked Temperature: Yes No

2. Have you had any of the following symptoms over the last five days:

- Fever (greater than or equal to 100.4 degrees) Yes No
- New Cough or Shortness of Breath or Difficulty Breathing Yes No
- Sore Throat Yes No
- New Loss of Taste or Smell Yes No
- Nausea or Vomiting or Diarrhea Yes No
- Communicable Illness and/or Environmental Issue such as lice, hand/foot/mouth disease, bed bugs, roaches, etc. Yes No

○ If yes, please list what illness/issue you have: _____

If you answered Yes to any of the items listed in Question 2, we are unable to allow you to be present at WCCSB today.

If YOU HAVE COVID-19

Regardless of vaccination status, you should isolate from others when you have COVID-19. You should also isolate if you are sick and suspect that you have COVID-19, but do not yet have test results.

IF YOUR TEST RESULTS ARE POSITIVE follow the following recommendations:

- Day 0 of isolation is the day of symptom onset, regardless of when you tested positive.
- Day 1 is the first full day after the day your symptoms started.
- If you test positive for COVID-19, stay home for at least five days, and isolate from others in your home. You are likely most infectious during these first five days.

If you had symptoms, you may end isolation after day five if:

- You are fever free for 24 hours (without the use of fever-reducing medication)
- Your symptoms are improving.

IF YOUR TEST RESULTS ARE NEGATIVE, you can end your isolation.

If you had no symptoms:

- Day 0 is the day you were tested (not the day you received your test result)
- Day 1 is the first full day following the day you were tested.
- If you develop symptoms within 10 days of when you were tested, the clock restarts at day 0 on the day of symptom onset.

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IF YOU ARE EXPOSED TO SOMEONE WITH COVID-19

If you were exposed to the virus that causes COVID-19 or have been told by a health care provider or public health authority that you were exposed, here are the steps you should take, **regardless of your vaccination status or if you have had a previous infection. (You no longer have to quarantine because of exposure if you are symptom free.)**

- Wear a mask as soon as you find out you were exposed – Start counting from Day 1
 - Day 0 is the day of your last exposure to someone with covid-19
 - Day 1 is the first full day after your last exposure
- Continue to wear a mask for 10 Full Days
- Watch for symptoms – if you develop symptoms: isolate immediately, get tested and stay home until you know the result.
- Test on day six – test even if you don't develop symptoms.
 - If you test negative, continue with precautions (wearing mask) through day 10
 - If you test positive, isolate immediately.

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